



COVID – 19 Safety Plan

Gardom Lake Bible Camp.
651 Glenmary Rd, Enderby, BC V0E 1V3
Phone: 250-838-6645
Email: office@gardomlake.ca

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(In accordance with the Work Safe BC COVID-19 Safety Plan planning guide)

How is COVID-19 Spread?

- The virus that causes COVID-19 spreads in several ways, including through droplets when a person coughs or sneezes, and from touching a contaminated surface before touching the face.
- The risk of person-to-person transmission increases the closer you come to other people, the more time you spend near them, and the more people come near.
- The risk of surface transmission increases when many people contact the same surface and when those contacts happen over short periods of time.

COVID-19 Symptoms include:

- Fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.
- People infected with COVID-19 may experience little or no symptoms, with illness ranging from mild to severe.
- Some people are more vulnerable to developing severe illness or complications from COVID-19, including older people and those with chronic health conditions.





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Step 1: Assess the Risks

- ✓ We have involved frontline workers, supervisors and the health and safety representative in assessing the risks in our workplace.
- ✓ We have identified areas where people gather:
 - Office, Lodge, Gym, Activities, campfires, Cabins/Tents, Meals, Kitchen
- ✓ We have identified job tasks and processes where workers are close to one another or members of the public:
 - Welcoming the public, serving food, washing dishes, doing projects, cleaning, office tasks
- ✓ We have identified the tools, machinery and equipment that workers share while working:
 - Vehicles, Hand tools, Lawn Mower/Weed Whip/Chainsaws, Dishwasher, Kitchen Appliances, Cleaning Supplies, Activity Items (bows, helmets, bikes etc.).
- ✓ We have identified surfaces that people touch often:
 - Door Knobs, Light switches, Log Book, Pens, Phones, Coffee Bar, Oven handles, Fridge Handles, Dishwasher.

Step 2: Implement Protocols to reduce the Risks

- ✓ We have reviewed industry – specific protocols on worksafebc.com to determine whether any are relevant to our industry and we have implemented protocols for relevant risk at our workplace.
- ✓ We have reviewed order, guidance and notices issued by the Provincial Health Officer that are relevant to our workplace.
- ✓ We have reviewed health and safety information from the BCCA and other professional and industry associations.





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First Level Protection (Elimination):

- ✓ We have established and posted occupancy limits for individual buildings on our premises, we reduced the size of camps and staff in order to maintain and ensure physical distancing. We have limited the workers in our office to ensure physical distancing.
- ✓ We have limited the number of customers on our site and implemented policy that limits parent interaction on site and keeps all interactions outside.
- ✓ We have established and posted occupancy limits for common areas such as:
 - Staff Lounge, Office, Dining Hall, Washrooms, Meeting Spaces
- ✓ We have implemented measures to keep workers and others at least 2 metres apart when in shared indoor space and 1 metre when outdoors.
- ✓ We have implemented a mask policy for indoor spaces.

Measures in Place

- Utilizing multiple spaces as temporary offices to maintain physical distancing
- Tasks changed to be done in outdoor areas or when others are not present
- Limiting and prohibiting visitors
- Limiting staff indoor interaction
- Reducing customer interaction on site
- Wearing Masks indoors.

Area Specific Measures

Kitchen and Kitchen Staff: Max Occupancy 10

- Traffic flow has been established for safe passage between the dining hall and kitchen.
- Kitchen staff/volunteers numbers have been limited and occupancy signage has been posted for specific workstations in the Kitchen.
- Staff are gloved and masked if serving food in the buffet line.
- Where appropriate, some menu items are being prepackaged.
- Communal items have been replaced with single use packages (Cream, sugar etc.)
- High touch areas are sanitized regularly.

Food Prep:

- Discard any foods that may have been contaminated from coughs or sneezes
- Frequency of cleaning and sanitizing of food contact surfaces and high touch areas is increased. (fridge handles, stove handles, sprayers, communal equipment)





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First Level Protection (Elimination):

Dining Hall: Max Occupancy 80

- We have limited seating and spread the tables 2m apart from backs of chairs to encourage physical distancing.
- We encourage guests to sit and eat meals in their “cohorts” campers are to eat in their “households”.
- We are serving meals in “cafeteria style” (Buffet line with servers or buffet line self-serve).
- Floor markers have been installed to assist in physical distancing.
- To reduce congestion, we encourage guests to enter the dining hall and be seated until their table number is called to the buffet table or to sit and make use of outdoor seating (weather permitting).
- Signage has been posted to encourage hand washing/sanitizing and physical distancing.
- Tables, chairs, items on the table are sanitized between meals. (chairs are exception if seating is the same meal to meal)
- Tables may have 6 chairs max except in circumstances pertaining to summer camp and camper “households”.
- All windows and doors should be opened at all times during use in order to increase air flow. (weather and season permitting)

Coffee Bar:

- Before accessing the coffee bar users must use hand sanitizer.
- There must be sanitizer present as well as signage reminding guests to use sanitizer before touching coffee bar.
- Coffee bar will be sanitized after every meal or as needed with overnight groups and twice daily where a day group is on site.
- Cabin Leaders and not individual children should be the only ones to access the coffee bar to cut down on traffic

Dishwashing Area: Occupancy 5

- Maintain directional flow of dirty and clean dishes – no crossover between the two
- Staff are to wash hands between switching stations and when starting and ending dish washing.
- Gloves, aprons and other items are not to be shared among staff unless sanitized.

Resources for more information:

BC Ministry of Health: COVID-19 Guidance to the Hotel Sector

Work Safe BC: Accommodation

Hotel Associations of Canada: Temporary Guidelines for Modified Operations COVID-19

British Columbia: BC COVID-19 Go- Forward Management Strategy





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First Level Protection (Elimination):

Office: Occupancy 10

- Guests and employees are to wear masks when entering the office and use provided sanitizer.
- Employees are to work from designated work spaces and not share office space.
- No more than two employees are allowed in one office at a time and must wear masks and physical distance.
- Guests are to sign the log book outside the office when entering site.

Gym: Occupancy 70 (Washrooms 2)

- Campers are not required to wear masks if all doors are open and physical distancing is observed – 2 m between campers and staff.
- Staff must wear masks when entering indoor facilities such as the gymnasium unless they are with only their specific household.
- High activity games are not to happen in the gymnasium
- Gymnasium is to only be used as a last resort for large groups in situations of inclement weather where summer camp is concerned.
- Large groups may not play together in the gymnasium.

Chapel: Occupancy 70

- Campers, Staff and Guests may enter the chapel if all windows and doors are open to increase air flow. (Season and weather permitting)
- Staff must wear masks when in indoor areas.

Activities:

- All activities are to be operated outside with the only exception being the possible use of the gymnasium with small groups and protocols must be observed.
- All activities equipment is to be sanitized between activities.
- Activity groups are to remain small and leaders must use a mask in situations where “households” are mixed.
- All activity participants are to remain physically distanced through the duration of the activity.





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Second Level Protection (Engineering): Barriers and Partitions

- ✓ We have installed barriers where workers can't keep physically distant from co-workers, customers, or others.
 - washrooms, tents / sleeping areas
- ✓ We have included barrier cleaning in our cleaning protocols
- ✓ We have installed the barriers so they don't introduce other risks to workers

Measures in Place:

- We have eliminated sinks where physical distancing is not possible in washrooms.
- Washrooms have stalls as physical barriers, we will clean and maintain these.
- Where physical distancing is not possible in sleeping areas we have installed a physical barrier between sleepers and have placed their heads on opposite sides of the beds.

Third Level Protection (Administrative): Rules and Guidelines

- ✓ We have Identified the rules and guidelines for how workers should conduct themselves.
- ✓ We have clearly communicated these rules and guidelines to workers through a combination of training and signage.

This Safety Plan will be emailed to current staff and will be added to our training and orientation package for new employees.

Measures in Place

Cleaning and Hygiene Practices:

- ✓ We have reviewed the information on cleaning and disinfecting surfaces.
- ✓ We have enough handwashing facilities on site for all our workers.
- ✓ We have policies that specify when workers must wash their hands and we have communicated good hygiene practices to workers. Frequent handwashing and good hygiene practices are essential to reduce the spread of the virus.
- ✓ We have implemented cleaning protocols for all common areas and surfaces.
- ✓ Workers who are cleaning have adequate training and materials.
- ✓ We have removed unnecessary tools and equipment to simplify the cleaning process.





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- ✓ We followed the COVID – 19 Health and Safety Guidelines for Overnight Camps and Day Camps.
- ✓ We have followed all Provincial Guidelines pertaining to our workplace.

Resources for more information:

- Work Safe BC: COVID-19 Health and Safety Cleaning and Disinfecting Document

Hand washing policy:

Campers:

- When they arrive at camp
- Before and after any activities
- Before and after eating and drinking (excluding from their water bottle during activities)
- Before and after using an indoor space used by multiple cohorts
- After using the toilet
- After sneezing or coughing into hands
- Whenever hands are visibly dirty

Staff

- When they arrive at camp
- Before and after any breaks
- Before and after eating and drinking
- Before and after handling food or assisting camper with eating
- After using the toilet
- After contact with body fluids (i.e., runny noses, spit, vomit, blood)
- After cleaning tasks
- After removing gloves
- After handling garbage
- Whenever hands are visibly dirty





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Cleaning Plan:

- Common surfaces (door knobs and light switches): to be wiped with quatz or disinfectant wipe twice a day: midday and end of shift or as needed during busy times
 - o During Summer Camp this will be after every meal.
- Bathrooms: Cleaned twice daily or as needed
 - o Bathroom dividers, door handles, sinks, taps
- Tools: to be cleaned with quatz cleaner before and after use if being passed around.

Fourth Level Protection: Using Masks

- ✓ We have reviewed the information on selecting and using masks and instructions on how to use a mask.
- ✓ We understand the limitations of masks to protect the wearer from respiratory droplets. We understand that masks should only be considered when other control measure cannot be implemented.
- ✓ We have trained workers in the proper use of masks.

Measures in Place

General:

- We have implemented a mask policy on indoor spaces when occupied by others. Masks will be worn when serving food and when physical distancing is not possible, as well as when interacting with guests or other cohorts/households.
- Masks will be worn when within 2 metres of youth when they are from other “households” and in indoor spaces.
- Masks may be removed if outside and at least 2 metres away from others.
- Masks are to be worn when interacting with items that people will be in contact with such as setting tables, and cleaning certain areas.
- Staff have been trained on the proper use of masks, as outlined in this document.





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Implement Effective Cleaning and Hygiene Practices

- ✓ We have reviewed the information on cleaning and disinfecting surfaces.
- ✓ Our workplace has enough handwashing facilities on site for all our workers. Handwashing locations are visible and easily accessed.
- ✓ We have policies that specify when workers must wash their hands and we have communicated good hygiene practices to workers. Frequent handwashing and good hygiene practices are essential to reduce the spread of the virus.
- ✓ We have implemented cleaning protocols for all common areas and surfaces – e.g., washrooms, tools equipment, vehicle interiors, shared tables, desks, light switches, and door handles. This includes the frequency that these items must be cleaned as well as the timing.
- ✓ Workers who are cleaning have adequate training and materials.
- ✓ We have removed unnecessary tools and equipment to simplify the cleaning process.





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Step 3: Develop Policies

Our workplace policies ensure that workers and others showing symptoms of COVID-19 are prohibited from the workplace.

- ✓ Anyone who has had symptoms of COVID-19 in the last 10 days must self-isolate at home.
- ✓ Anyone who has been identified by Public Health as a close contact of someone with COVID-19.
- ✓ Anyone directed by Public Health to self-isolate.
- ✓ Anyone who has arrived from outside of Canada must self-isolate for 14 days and monitor for symptoms.
- ✓ Visitors are prohibited or limited in the workplace.
- ✓ First aid attendants have been provided OFAA protocols for use during the COVID-19 pandemic.
- ✓ We have a working alone policy in place
- ✓ We have a work from home policy in place for staff that can make it work.
- ✓ Ensure workers have the training and strategies required to address the risk of violence that may arise as customers and members of the public adapt to restrictions or modifications to the workplace. Ensure an appropriate violence prevention program is in place.

Our policy addresses workers who may start to feel ill at work. It includes the following

- ✓ Sick workers should report to first aid, even with mild symptoms.





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- ✓ Sick workers should be asked to wash or sanitize their hands, provided with a mask, and isolated. Ask the worker to go straight home. (consult the BC COVID-19 Self-Assessment Tool, or call 811 for further guidance related to testing and self isolation.)
- ✓ If the worker is severely ill (e.g., difficulty breathing, chest pain), call 911.
- ✓ Clean and disinfect any surfaces that the ill worker has come into contact with.

Step 4: Develop communication plans and training

We have ensured that everyone entering the workplace, knows how to keep themselves safe while at our workplace.

- ✓ We have a training plan to ensure everyone is trained in workplace policies and procedures.
- ✓ All workers have received the policies for staying home when sick.
- ✓ We have posted signage at the workplace, including occupancy limits and effective hygiene practices.
- ✓ We have posted signage at the main entrance indicating who is restricted from entering the premises, including visitors and workers with symptoms.
- ✓ Supervisors have been trained on monitoring workers and the workplace to ensure policies and procedures are being followed.





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Step 5: Monitor your workplace and update your plans as necessary

- ✓ We have a plan in place to monitor risks. We make changes to our policies and procedures as necessary.
- ✓ Workers know who to go to with health and safety concerns.
- ✓ When resolving safety issues, we involve joint health and safety committees or worker health and safety representatives (other workers).

Step 6: Assess and address risks from resuming operations

- ✓ We have a training plan for new staff.
- ✓ We have a training plan for staff taking on new roles or responsibilities.
- ✓ We have a training plan around changes to our business, such as new equipment, processes, or products.
- ✓ We have reviewed the start-up requirements for vehicles, equipment, and machinery that have been out of use





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COVID-19 Overnight Camp Policy and Protocol

In accordance with Worksafe BC and the BCCA Guidelines on Overnight Summer Camps including any appropriate industry standards. Many of these protocols are taken directly from the BCCA Guidelines on Overnight Camps and modified to meet our camps specific needs.

Infection Prevention and Exposure Control Measures

Guests, staff and all visitors must perform a self-check and screening before coming on site. Any guests or staff that are sick must remain off of Gardom Lake site and take proper measures.

- **Physical Distancing** - Gardom Lake staff and campers will take as much care as possible to physically distance from other campers/ staff/ households or guests that may be on site.
- **Outdoor Activities** - Activities and meetings will be conducted outdoors as much as possible within reason so as to lower the risk of transmission
- **Wearing Masks** – Staff must wear masks when in-doors in closed spaces with poor ventilation or when physical distancing is not possible.
- **Hygiene** – Gardom Lake expects good hygiene and cleaning practices of all staff including: handwashing, proper cough hygiene, and cleaning and disinfecting surfaces and objects that are touched by many people.
 - **Hand Washing – When staff are to wash hands**
 - When they arrive at camp
 - Before and after any breaks
 - Before and after eating and drinking
 - Before and after handling food or assisting camper with eating
 - After using the toilet
 - After contact with body fluids (i.e., runny noses, spit, vomit, blood)
 - After cleaning tasks
 - After removing gloves
 - After handling garbage
 - Whenever hands are visibly dirty
 - **Coughing**
 - Cough or sneeze into your sleeve, not your hands. Avoid touching your face with your hands.
 - Or cover your mouth and nose with a tissue and put your used tissue in a wastebasket.
 - Wash your hands with soap and water for at least 20 seconds. Or clean hands with alcohol-based hand sanitizer.





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- **Cleaning**
 - General cleaning and disinfecting of surfaces should occur at least once a day.
 - Clean and disinfect highly touched surfaces at least twice a day and when visibly dirty (e.g. door knobs, light switches, cupboard handles, grab bars, hand rails, tables, phones, bathrooms, activities items).
 - Remove items that cannot be easily cleaned (e.g. plush toys).

Camp Population

Households = small group of no more than 14 including leaders, and will be key for sleeping, dining, and indoor programming.

- Campers/ staff will sit exclusively with members of their household when dining.
- Campers/staff will engage exclusively with members of their household when participation in indoor programming.
- More than one household may be in an indoor program or dining facility at one time provided windows/doors to the outdoors are open and it is well ventilated, all persons are adhering to occupancy limits, and different households are physically distancing from each other.

Outdoor Activities will be prioritized and interactions between households can occur.

- Campers/staff in different households can engage in outdoor socializing provided that gathering limits are being adhered to.
- Campers in different households can engage in outdoor activities provide that gathering limits are being adhered to.

Accommodation

Living accommodations (cabin, tent, or bedroom) can be shared amongst members of a single household.

- Ventilation should be optimized by use of screen doors, screened windows, etc.
- Cabin access will be limited only to the campers/camp leaders who reside in that cabin (i.e., members of the household) and cleaning staff who will only enter when no campers/camp leaders are present. Cleaning staff will be required to wear PPE.
- Masks do not need to be worn by members of the household when in their accommodation.
- Where buildings have shared spaces between households, masks will be worn in common spaces if they do not have windows and/or doors that can be left wholly or partially open to the outdoor air.
- Sleeping accommodations shared by households should provide a 1 metre physical distance between the heads of individuals, or if heads cannot be 1 metre apart, temporary barriers may be used (curtains, sheets).





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- For bunk beds, position the head of the camper in the top bunk opposite the position of the camper in the bottom bunk.
- For side-by-side beds, position the campers head-to-toe.
- For end-to-end beds, position the campers toe-to-toe where possible, and otherwise head-to-toe to maximize distance between heads.

Physical Distancing and Minimizing Physical Contact

- Outside of households, physical distancing should include avoiding physical contact, minimizing close, prolonged, face-to-face interactions, and spreading out as much as possible within the space available.
- If campers from different households will be in the same indoor space for an extended period of time (e.g. more than 15 minutes), the space should be sufficiently large, well ventilated, and should have posted occupancy limits to prevent overcrowding between households.
- Staff should remain with their household as much as is practicable and feasible.
- The number of staff interacting with each household should be minimized to the greatest extent possible.
- Avoid greetings which require physical contact (e.g. high fives, handshakes, hugs).

Staff Responsibilities

- Staff may come together for training purposes but the camp will seek to reduce the number of close face-to-face interactions and mask wearing is required indoors.
- Summer staff will be encouraged to remain on site for the duration of camp programming to limit outside interactions. When away from camp they must continue to follow all current public health guidance.
- Non-resident staff will avoid close interactions with campers or resident staff and must follow current public health guidance.
- Staff are expected to follow all current public health guidance during their time off.
- All staff are required to be trained and aware of the best practices to follow to mitigate the spread of disease during their time working and/or living at camp.





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Staff Training

- In addition to the training normally received, staff must receive training on all COVID-19 related policies and procedures.
- Staff who will be responsible for cleaning with or mixing chemicals be sure staff are certified in WHMIS or adequate training is given.
- Camps should consider if staff training can be done virtually when possible and appropriate.

Staff Housing

- None of the residents in a shared accommodation can be ill or meet a criterion that requires isolation facilities. If a resident is ill and meets a criterion that requires isolation, all residents in the affected accommodation building are to be isolated and sent for testing. If the staff's COVID-19 test comes back as positive, they are to go home. If this is not feasible, staff are to self-isolate on site until well.
- PPE guidance should be followed in staff housing when relevant as is detailed in this document.
- Staff will sleep head to foot, and keep 2m distance or a barrier between beds in sleeping quarters.

Cleaning

Regular cleaning will occur all summer long, on all surfaces, objects and areas that are shared by people.

- Buildings will be cleaned daily. Cleaning is the physical removal of visible soiling (e.g. dust, soil, blood, mucus). Cleaning removes and weakens viruses and bacteria.
- High contact surfaces may need to be cleaned more regularly, especially in areas that children use. High contact surfaces include door handles, light switches, hand railings, toilet handles, shared office equipment, sports equipment, activity items, appliances, and self-serve beverage stations.
- Garbage containers will be emptied daily.
- Appropriate hand hygiene will take place after cleaning.
- Hands are to be washed before and after wearing gloves.
- Adequate hand-washing stations are available.
 - Gym Washrooms
 - Outdoor Washrooms
 - Encounter hand wash station
 - Kitchen sinks
 - Lodge Bathrooms
 - Cottage and Cabin Bathrooms





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Sickness

Staff will daily perform a self-check to ensure that they are in good health and are showing no symptoms of COVID-19. In the event that a staff member is experiencing any symptoms or is sick the following needs to occur.

All persons will be screened daily for the following COVID-19 symptoms:

- Fever or chills
- Cough
- Loss of sense of smell or taste
- Difficulty breathing

Other symptoms may include:

- Sore throat
- Loss of appetite
- Extreme fatigue or tiredness
- Headache
- Body aches
- Nausea or vomiting
- Diarrhea

Camp leaders will assist campers in completing their daily screening. Daily screening records will be kept onsite for the duration of the camping season.

Any person with a failed screening will be immediately isolated and the procedures for What To Do When Symptoms Develop At Camp followed.

- Camp staff must complete a daily employee health check as per the PHO order. Daily employee health checks must confirm staff do not have any symptoms of COVID-19, have not travelled outside the country in the last 14 days, or been a close contact of a confirmed case of COVID-19.
- Parents/caregivers should complete a daily health check for their child for one week prior to the camp. A child who has answered Yes to any question is not allowed to attend camp and must follow public health guidance for testing and self-isolating.





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What to Do When Symptoms Develop at Camp

- If a camper or staff member develops a new cough (unrelated to pre-existing conditions such as asthma), fever, chills, shortness of breath, loss of taste or smell, or other symptoms of COVID-19 during the camp session, isolate them away from others immediately, and arrange for a COVID-19 test and/or send them home immediately.
- The person will remain in isolation until test results are returned:
 - If the person tests positive, they will need to be picked up from camp by their caregiver within 24 hours. Provincial health authorities will be notified.
 - If the person tests negative and symptoms resolve, they can return to programming.
 - While waiting for a sick child to be tested or picked up, a staff member should stay with the child in a room isolated from others or at least 2 metres from others if a separate room is not available. The staff person should remain as far away as possible from the child (preferably at least 2 metres). A mask should be worn by both the camper (if tolerated) and the staff person.
- A sick staff member should isolate themselves in their accommodation or a private room until a COVID-19 test can be arranged.
- ○ Anyone who is rapidly getting more ill or seeming to be in distress should be seen by medical personnel as soon as possible with 911 called if necessary.
- If anyone who has entered the camp facility is diagnosed with COVID-19, report to and consult with the local public health authority for advice.
- Report to the local public health authority any cluster of illness among the camp staff or campers.

Site Visitors, Parents, and Caregivers

Parents, caregivers, volunteers, delivery persons, contractors, and other non-staff entering the camp should be limited to those supporting activities that are required for the benefit of campers and the required maintenance of camp facilities.

- All visitors are to provide active confirmation that they have no symptoms of illness and are not required to self-isolate before entering.
 - During Day Camp parents will be asked at the gate before entering site.
 - During regular operation guests will be required to sign in at the office.
- The camp will keep a list of the date, names, and contact information for all visitors who enter the camp.
- All visitors should wear a mask in accordance with current public health guidance.





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Program and Operations

- All activities will be facilitated outside. (weather and season permitting)
- In the case of foul weather space that is well ventilated and open will be used to supplement for activities that cannot continue, activity groups must adhere to building and room occupancy limits. (four square meters per person)
- High contact games and sports will not take place.
- Shared equipment will be cleaned daily
- Free time blocks that occur inside will be scheduled to prevent contact with campers outside of their household. Members of different households can interact outdoors.
- Singing is only allowed outdoors.
- Equipment that is shared must be disinfected between users.

Transportation

- Group transport is for unavoidable transport only and not for recreation.
- When transportation is used, the vehicle must be sanitized before and after use, appropriate PPE must be used and physical distance must be maintained.
- On the bus, each passenger should have their own seat, unless they are from the same household.
- The Vehicle is to be sanitized appropriately before and after use.
- Passengers must sanitize or wash their hands before loading the vehicle.
- Loading will be done back to front, and offload front to back, and passengers will be assigned seating.
- Loud talking and signing will not be allowed in enclosed spaces and vehicles.

Food Services

Food Services will follow all WorksafeBC guidance for restaurants, cafes, and pubs.

- All persons will practice proper hand hygiene upon entry to the dining hall and after eating.
- More than one household can be in the dining hall at the same time and each household will sit at their own table.
- Households must be spaced 2 metres apart from each other.
- Food distribution should ensure there is no gathering or crowding of campers and staff.
- Food will be served form a buffet line.
 - Campers will approach the line as a household.
 - Serving staff will wear masks and gloves while serving.
- Singing and loud talking will not be permitted in the dining hall.
- Refilling stations can be used to refill personal containers.





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First Aid

- The First Aid attendant and patient should wear masks while care is being provided.
- When possible the First Aid attendant will guide the patient to do their own first aid.
- Approved procedures, masks, gloves, and eye protection must be used for all first aid applications.
- If CPR is required, use a pocket mask with a viral filter or a bag-valve-mask with an HME filter to protect the first aider from possible infection.

